

Introduction to Breton Cougars Football



Need to know information:

Teams:

Jr. High team (Grades 6-7-8)

Season of play: April 23 to the second week of June.

Practices: Every Monday and Wednesday 4:00-5:30

(All weather except for lightening)

Game Days: Every Thursday after school from the 3rd Week of May till the 2nd week of June. Games are Jamboree style which means we will be playing partial games vs 2 or 3 different schools all at one location.

Cost: \$250 to be paid before the first jamboree.

Equipment Night is April 16

Sr. High team (Grade 9-10-11 (spring)) (Some selected Grade 8s can be asked to move up and play senior)

Season of play: May 1st to 2nd week of June, Aug. 25 to Nov. 22

Practice: Every school day from 7:00 am - 8:00 am (Rain or shine)

Game days: Spring will have 2 jamborees on Saturdays (TBA)

Fall season games will be once a week on Wednesdays, Thursdays, or Fridays.

Cost: \$250 in spring and \$300 in Fall

Equipment Night: April 15

General Information:

Travel: All travel is done by school bus so the team can travel together. Leaving and arriving at the Cougar Den in Breton. Fun on the bus, singing with your teammates is part of the experience. Players can go home from games with their parents if they wish.

Practice: Practice is an integral part of any quality program and the team only gets better when all players improve together. With this philosophy in mind Sr. High players are given three personal days where they can miss practice for illness or appointments each season. If they miss a fourth the players will then vote if the offending player should be given another 3 personal days. The team earns them by running seven 100 yard sprints for the offending player.

Attendance: Every Breton Cougar player is expected to attend classes 80% of the time, this includes any absence even appointments and sickness. If in one week they drop below 80% they are ineligible to play the next week. They are considered a healthy scratch and can practice but will not be dressed for that next game or jamboree.

Playing time: On the Jr. High team playing time is as close to exactly equal as we can get it based on our numbers. The Sr. High team playing time is exactly equal in the spring, in fall it is earned in practice each and everyday.

Google Classroom: Both teams have a google classroom where skill videos, playbooks, schedules and game film can be found 24 hours a day.

Code of Conduct: There is a code of conduct for both Players and Parents to follow which will be given out with permission forms.

Communication: Each team will have a group chat on Whatsapp so any questions can be answered and the coach can pass on information.

Equipment: The team will supply all football specific equipment except for cleats. (Although we do have a selection of used ones to borrow) All kids need to have is under clothing to soak up the hard work water. We do recommend getting a set of football gloves once you know the position they will be playing that season.

Positions: Each player will be put in a position that the coaches believe best fits their body type, skills set and personality within what the team needs. We do keep in mind that everything about players can change as they grow so no position is permanent from one year to the next.

Clothing: Each year every player gets some Cougar Football clothing to wear as much as they like. Sr. High players are given a home and away jersey they get to keep upon graduation.

The Breton Cougars are one of the top football programs in Alberta, we are also the smallest school playing football at any level, which means our players commit to an athletic standard on and off the field and a level of excellence few programs can meet. If this is something you wish to be a part of, we can't wait to see you.

Corey Colwell (Head Coach)
Breton High School Cougars Football

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