

Breton High School



Athletic Handbook

This handbook is subject to change as needs arise.

Contents

<u>Philosophy</u>	3
<u>Athletic Department</u>	3
<u>Programs</u>	3-4
<u>Seasons of Play</u>	4-5
<u>Participation Fees</u>	5
<u>Fundraising</u>	5
<u>Uniforms and Equipment</u>	6
<u>Transportation</u>	6-7
<u>School Bus</u>	6
<u>Volunteer (Parent/Private) Vehicle</u>	7
<u>Practice and Game Times</u>	7
<u>Guidelines for Student Athletes</u>	7
<u>Eligibility</u>	7-8-9
<u>Conduct</u>	9
<u>Injury</u>	9
<u>Commitment</u>	10
<u>Hazing</u>	10
<u>Guidelines for Coaches</u>	10-11
<u>Team Selection</u>	11
<u>Practices</u>	11-12
<u>Playing Time/Expectations</u>	12
<u>Communication</u>	12-13
<u>Sanctioned Absences and Early Dismissals</u>	13
<u>Budget</u>	13
<u>Per Diem and Accommodation</u>	13
<u>Professional Development</u>	13
<u>The Role of the Parent</u>	14
<u>Awards</u>	14
<u>Appendix A</u>	15-16
<u>Appendix B</u>	17
<u>Appendix C</u>	18
<u>Appendix D</u>	19
<u>Appendix E</u>	20

Philosophy

Breton High School recognizes that extracurricular athletics promotes sportsmanship, team building, good citizenship, high academic standards, and community responsibility. Extracurricular athletics provide an opportunity for students to explore their unique talents outside of the classroom setting. These activities demand a high level of commitment, work ethic, discipline and self motivation, which will help prepare students for the challenges they will meet outside the school community.

It is a privilege for students to participate in extracurricular athletics. Participation is voluntary and is not a requirement, nor an entitlement. Therefore, extra time and effort are required of those who participate. Since the reputation of the school is often judged by its extra-curricular programs, high standards must be maintained. Those who earn the privilege of representing Breton High School in extracurricular athletics are expected to accept greater responsibilities as school citizens.

Participation in extracurricular athletics is open to all students provided they meet the general requirements as outlined in this handbook, and any requirements specific to the activity of their choice.

Athletic Department

Athletic Director
School Administrator

Gerald Drebert
Shannon Gallant

Programs

Students can participate at the Junior High Level and Senior High Level

Junior High teams are open to students in the 7th, 8th or 9th Grade.

Senior High teams are open to students in the 10th, 11th or 12th Grade.

Grade 9 students can play at the Sr. High Level in some team sports if it is deemed beneficial to both athlete and team and it aligns to Alberta Schools Athletic Association (ASAA) policy. Decisions on grade 9 eligibility are made by a coach and approved by the athletic director.

Breton High School sponsors the following athletic activities:

Sport	Boys		girls		Mixed	
	JR. High	Sr. High	JR. High	Sr. High	JR. High	Sr. High
Golf						
Football	x	x			X	X
Cross country	x	x	x	x		
volleyball			x	x		
Basketball	x	x	x	x		
Curling						
Badminton	x	x	x	x	x	x
Rugby						
Track and Field	x	x	x	x		

Seasons of Play

The seasons of play have been established to protect the student athlete from being placed in a position of having sports seasons overlap. It is not desirable for a student athlete to have to attend practices and games for two or more sports on the same days. Therefore,

Each activity may hold practices according to the Alberta Schools’ Athletic Association (ASAA) seasons of play.

The preceding activity has priority for practice times and games.

The trailing activity may hold practices according to the ASAA seasons of play; however, these practices do not need to include players of the preceding activity.

Final cuts for the trailing activity occurs (minimum) 2 practices after the completion of the preceding activity.

Participation Fees

It is necessary for the athletic program to charge a participation fee for each activity that an athlete participates in. The following applies to participation fees;

All participation fees will be determined by team manager/coach in conjunction with the Athletic Director and Principal.

An effort will be made to keep the fees consistent from one activity to the next, respective of the level of the team.

Fees are paid to the school office.

Players must pay fees in full, or make arrangements with the school administration, before they will be permitted to participate in games or tournaments.

Fees should be determined, approved and sent home prior to league play of any sport.

The following is a guideline of how fees may be determined. Total cost will likely change from year to year depending on a number of the factors listed below as well other factors such as number team members.

Activity	Fees	League Play		Championships		Zones		Provincials			Invitational Tournaments		Other
		League Fees	Transportation*	Entry Fees	Transportation*	Entry Fees	Transportation*	Entry Fees	Transportation*	Accommodation	Entry Fees	Transportation*	
Football		x	x	x	x	x	x	x	x	x	x	x	Awards Uniform Equipment
Jr. high Cross Country				x	x						x	x	
Senior Cross Country						x	x	x	x	x	x	x	
Junior girls Volleyball		x	x	x	x	x	x				x	x	Awards Uniform Equipment
Senior girls Volleyball		x	x	x	x	x	x	x	x	x	x	x	Awards Uniform Equipment
Junior Basketball		X	x	x	x						x	x	Awards Uniform Equipment
Senior Girls Basketball		X	x	X	x	X	x	X	x	X	x	x	Awards Uniform Equipment
Senior Boys Basketball		x	X	x	X	x	X	x	X	x	X	X	Awards Uniform Equipment
Curling		x				x	x	x	x	x	x	x	
Jr. badminton											X	x	
Sr. Badminton						x	x	x	x	x			
Jr. high Track and Field		x	x			x	x				x	x	
Track and Field						x	x	x	x	x	x	x	

* See the Transportation section for details.

Fundraising and Sponsors

Breton High School conducts a number of school fundraising projects. Money raised through various fundraising allows us to maintain lower participation fees. All Teams who participate in Fundraising activities will see their profit returns go to their team specifically. All fund raising activities will need the approval of the school principal and the Athletic Department. It is the responsibility of the athletic director and school admin to approve and prioritize fundraising needs.

Breton High School Athletics does accept and actively pursues sponsorship from the business sector for many of its programs or tournaments. All sponsorships should go through both the Athletic Department and School administration for approval before being designated to the various programs or events. Coaches will not fund raise without approval first and at no time should coaches be in possession of fund raising money or cheques from sponsorship. All money transactions will go through the office staff of Breton High.

The coach will request approval for all expenses processed from fundraising money with the athletic director/principal prior to expenses being incurred.

It is strongly encouraged for players to be involved directly in the fundraising for their teams. That is to say, it is better for the players to give back to the community and earn the fundraising dollars that are provided. While the school will accept donations, the school strongly encourages citizenship practices in order have cost recovery for team expenses.

Donations provided without citizenship practices may be used for tournament fees, travel expenses, accommodation expenses, uniforms and safety equipment, team equipment, school equipment.

Players are required to pay for their own team clothing and meals; fundraising/sponsorship cannot be utilized for personal consumables. Should teams wish to raise money for clothing and meals, it must be via concessions, bake sales, hot lunches, and other activities where students/parents are selling items to receive an exchange for fundraising. Should a team wish to work for a company and receive sponsorship from a business in trade for sponsorship to purchase clothing/meals/personal consumables, that must receive prior approval from the principal. The athletic director cannot approve these types of fundraising accommodations.

Uniforms and Equipment

All uniforms will be provided by Breton High School.

The exception to this will be the girl's rugby and the boy's football uniforms which will be purchased by the athlete through the school and thus will remain with the athlete upon completion of their Breton High School playing career.

Uniforms will be distributed by the athletic director or his designate

Players will be responsible for the care and maintenance of uniforms while they are in their possession.

Players will be responsible for the cost of replacement of any uniform damaged or lost while in their possession.

All uniforms are to be cold water washed and hang dried.

Teams may be provided equipment, specific to their activity. This equipment is owned by the school. The care and supervision of this equipment shall be the responsibility of the coach or school staff representative. This equipment is provided for team use only. A uniform and equipment fee will be charged to all teams (with the exception of Football and Rugby) which will be utilized to purchase new uniforms/equipment at an as needs basis.

Transportation

All Transportation has to foremost abide by the transportation policies of Wild Rose School Division. Policies can be found in appendix E or at www.wrsd.ca Transportation for league, invitational, zone, and/or provincial events may be handled in two fashions at the discretion of the school principal. The preferred method of transportation is school buses.

Private Vehicle

Parents/guardians may transport their child(ren) to events.

Staff Members or coaches with proper insurance and documentation may transport students in private vehicles. See Wild Rose School Division for current policy on qualified insurance for private individual vehicles in appendix E or at www.wrsd.ca .

Students are not to drive to any Breton High School athletic event occurring away from the school. Students who do such are immediately suspended from any team activity until they have met with school administration.

Students are not to ride with parents of other children unless criminal record checks, child intervention checks, proof of registration and insurance, driver's abstracts are provided by the driver and written consent from parents of the student requiring transport is provided prior to the event to the school.

Driver Packages Available in the office or electronically by contacting the office

Practice and Game Times

All gym and field usage shall be booked through the Athletic Director.

League games and home tournaments have booking priority over practices. Breton High usage has priority over public or other schools usage.

Any activity in current season of play shall have priority over the following season of play (e.g. volleyball over basketball in November)

There must be a coach or educational aid staff member present at all practices and games (unless a coach has been deemed able to work without a staff rep as determined by the Principal and/or Athletic Director). Both coach and staff member must be present on the field or in the gym depending where the activity occurs. It is no longer acceptable to be merely in the building as mandated by the Wild Rose School board (unless alternative arrangements are approved by the Principal and/or Athletic Director).

Coaches may request specific practice times. While all efforts will be made to accommodate requests, it shall be the priority of the Athletic Director to provide a practice schedule which is equitable to all teams in accordance with priorities.

The Athletic Director will create a practice schedule on a monthly basis. In some instances where seasons overlap it may be appropriate to develop a schedule on a weekly basis.

Coaches are encouraged to provide players and parents with individual copies of these schedules as they are available, and the Athletic Director shall post copies.

School bookings will have priority over outside school bookings for both the gym and fields of play.

Guidelines for Student Athletes

Eligibility

Athletes need to have current Permission forms and fees paid to be eligible to play in games or tournaments.

Students who are failing one or more courses may be suspended from play at the discretion of school Administration. Administration has the right to remove game, tournament and practice play or any combination of these for academic reasons.

To be eligible to participate at the high school level, Grade 9 student athletes must meet eligibility requirements as outlined by the ASAA and the North Central Athletics Association.

To be eligible to participate, Grade 10, 11, and 12 students must meet eligibility requirements as set out by the ASAA.

Students must be in **attendance for the day of a practice or game** in order to participate in that practice or game. Legitimate reasons for an absence, which would allow a student to participate on the same day as the absence, are;

- School sanctioned activities
- Appointments with health professionals
- Emergency Situations
- Planned absence for personal or educational purposes that have been approved by the school administration.

Students who are absent from classes for a portion of the day due to illness are not eligible to participate by simply making it to the remaining portion of their classes. It may be considered unethical for a coach to practice or play an athlete who was ill earlier in the

day. The effects of that illness may linger and present a potential health risk to the athlete, their teammates, and their opponents if the athlete practices or plays that same day. If a student is absent due to illness or illegitimate reasons for a portion of the day after attending a morning practice the students shall not practice until a full day of school is attended.

An athlete under suspension from school is also suspended from participation, travel or spectating of all extracurricular activities, until such time as the student has been reinstated to classes.

Students must understand that they are foremost students at an academic institution and as a result must be attending classes regularly and consistently and keep up with their courses (passing grades) to be an eligible athlete at Breton High School.

Conduct

Student athletes are representatives and ambassadors of Breton High School, the community of Breton and Wild Rose School Division.

Student athletes are expected to provide strong examples of leadership and citizenship both on and off the court/field of play, as well as in the classroom.

Team Before Self - Most sports are team games and although it is proper and even necessary to have personal objectives, it is paramount that each member of the Breton High School teams possesses an unselfish attitude where team objectives are primary.

Regardless of when or where an athletic event occurs, it is a school sponsored activity. The use of tobacco, drugs (legal and illegal) or alcohol is prohibited and shall be strictly enforced.

If a student athlete does not conduct themselves in a manner that reflects favorably on the school, the privilege of participation may be suspended or revoked by a coach/supervisor, the Athletic Director, or Principal.

Process for removal of a player from a team (minor infractions):

1. Warning - The coach will provide a warning to the player for their behaviour, and a consequence may be applied at the discretion of the coach. The athletic director shall be informed of the warning to the player in writing.
2. 2nd Warning - The coach will address the issue with the athletic director. The athletic director (with an option for the coach to be present) will address the concerns with the player. The player will be warned that continued minor misconduct will result in the removal from the team. A consequence may be applied at the discretion of the coach and/or athletic director. The principal shall be informed of the 1st and second warning that were provided to the player.
3. Removal from Team - The coach and athletic director will meet with the principal to discuss the concerns regarding the player's continued misconduct. The principal and athletic director (with an option for the coach to be present) will meet with the player to review the reasons for removal from the team.
4. Depending on the timeline of the incident in relation to the team's season, the player may receive all fees, partial fees or no fees returned to them after removal from the team.

Major infractions may result in immediate removal from the team, as determined by a coach/supervisor, the Athletic Director or Principal.

Breton High School Parent Code of Conduct

I will have a positive attitude towards sports and other extra-curricular and will emphasize the cooperative nature of the sport.

I will remember that children learn best by example, and will demonstrate good sportsmanship and applaud all good plays by both my child's team and their opponents'.

I will remember that children engage in sports and other extra-curricular for their enjoyment, not mine.

I will attend all WRSD/BHS extra-curricular events alcohol and drug (legal and illegal) free.

I will never question an official's/coach's decision in public (which includes Facebook and other social media).

I will never use violence or bad language, nor will I harass or undermine players, coaches, officials, or other spectators (which includes Facebook and other social media). I will express my disapproval in an appropriate manner to the proper officials, club and WRSD/BHS (ASAA) contacts.

I will take an interest in my child's team by taking turns supervising and assisting at tournaments and team functions.

Breton High School - Athlete's Code of Conduct

1. I will remember to be a true team player, because <<insert sport>> is a true sport.

2. I will respect everyone involved in my sports' experience: parents, coaches, teammates, officials, and opponents; because without them, there wouldn't be a game.

3. I will never use violence or bad language, nor will I harass players, coaches, officials, or other spectators. I will express my disapproval in an appropriate manner to the proper officials and ASAA contacts.

4. I will participate in <<insert sport>> alcohol and drug (legal and illegal) free.

6. I will remember that coaches and officials are there to help me. I will accept their decisions and appreciate the challenges of their position.

7. I will remember that winning isn't everything, and to control my temper when things aren't going my way. Having fun, improving skills, helping my teammates become better players, and doing my best are more important than winning games.

8. I will respect the facilities that I use with my team: gymnasiums, schools, restaurants, hotels, and washrooms. I will remember to put all my garbage in the trash bins and not use sports equipment in school hallways and hotel rooms.

Coach's Code of Conduct

I will be reasonable when scheduling games and practices, remembering that young athletes have other interests and obligations.

I will teach my athletes to play fairly and to respect the rules, officials, opponents and teammates.

I will ensure all athletes receive appropriate instruction, discipline, support and playing time.

I will not ridicule or yell at the athletes for making mistakes or for performing poorly. I will remember that athletes play to have fun and must be encouraged to have confidence in themselves.

I will make sure that equipment, facilities, games, and practices are safe and match the athlete's ages and ability.

I will remember that athletes need a coach they can respect. I will be generous with praise and set a good example.

I will attend all WRSD/BHS extra-curricular events alcohol and drug (legal and illegal) free.

I will never question an official's/coach's/leader's decision in public (which includes Facebook and other social media).

I will never use violence or bad language, nor will I harass or undermine students, coaches, officials, leaders or other spectators (which includes Facebook and other social media). I will express my disapproval in an appropriate manner to the proper officials, club and WRSD/BHS/ASAA contacts.

Injury

All student athletes should carry some form of medical insurance. If an athlete is injured while participating on behalf of Breton High School, the school will not cover medical costs (e.g. Ambulance costs). It is suggested that any student athlete not having medical coverage, subscribe to the student insurance package which is offered at the beginning of each year.

Any student injured on or off the field of play, and requiring medical attention, maybe asked to present a note from a physician before being eligible to practice or play again. The concussion course and protocol should be followed by all teams and individuals giving care.

Commitment

Being a member of any school team is a privilege, which each athlete must earn. A key to earning that privilege is commitment to the team. Team success can only be achieved if all participants are committed. This type of commitment includes;

Attendance at practices, games and team events.

Providing the coach with advance notice of absences from practices or games, and an explanation of that absence.

Hazing

Hazing or negative initiation activities are prohibited by Breton High School. The planning, initiation of, or participation in such activities shall be dealt with under the behavioral expectation of Cougar Athletics, and may lead to suspension or removal from a team and or school. There is an absolute no tolerance of any behavior that may be interpreted as hazing.

Guidelines for Coaches

The following guidelines are to be considered a code of conduct for the Breton High School coaching staff.

The Coach is foremost a teacher. The chief objectives of school athletics are to build leaders and to develop athletic skills. Winning games is secondary to these objectives. Coaches who do not make a positive contribution to the total educational process are not meeting their obligations.

The Coach should always be regular and prompt in meeting assignments – practices, games and meetings.

The Coach should be diligent in attention to routine details. This includes getting in all reports when due, keeping necessary records, phoning in results, and forwarding any receipts when required.

The Coach should instill in the team an attitude of sportsmanship on and off the court, during the game and afterwards, in school and out.

The Coach should use acceptable language at all times. Vulgarity and profanity have no place on the athletic field or court, in the gym or in the classroom.

The Coach shall not use alcohol or drugs (legal and illegal) in any form while with the team.

The coach shall insure that clean-up has occurred after any athletic event whether it is practice, tournament or game. This involves the putting away of equipment, disposal of garbage and insurance of locker and dressing room tidiness.

The Coach should, when faced with unpredicted disciplinary situations, let the common law prevail. Situations are to be assessed on a rational basis.

The Coach should accept the responsibility as a counselor to the athletes under her/his direction. The coach is in a unique position among all teaching staff in the relationship with the students. Many students complete their high school program because of, or in part of their interest in athletic participation and the influence of the coach. In this way, the coach can play a major role in the problems now confronting high schools in drop-out rates and related issues.

The Coach should be mindful of their position of guardianship entrusted by the athletes and their parents. While acting as a counselor to the athletes, there must also be a necessary social separation, so that over-familiarity or impropriety does not occur or is not perceived to have occurred.

The Coach should work to instill with their players respect for the officials, and establish that they alone shall discuss aspects of the game with the officials.

The Coach will respect the rights and feelings of other coaches and will never use tactics that take unfair advantage of others. The coach should be friendly and courteous at all times and never argue with an opposing coach in front of the team or spectators.

The Coach should teach the team to be respectful of and friendly towards opponents and officials.

All high school head coaches need to complete the mandatory online concussion course prior to coaching.

If a coach is a volunteer to the school they must conform to all volunteer policies of the division. Policy can be found in appendix E or at www.wrsd.ca.

Team Selection

All activities are open to all students of Breton High School who meet the requirements of grade, gender, and general eligibility.

Coaches must conduct an open tryout, and may not make final cuts until after the second practice.

Final selections should be based on attitude, coachability, and skill.

Once the team has been selected, the coach must promptly submit a roster to the Athletic Director for registration and approval of the team.

Practices

All practices will be scheduled by the Athletic Director who shall do his best to balance all team requests for scheduling.

Coaches should distribute a practice schedule to players and parents.

Coaches should do their utmost to adhere to the practice and game schedule, and any changes should go through the Athletic Director.

A change, addition, or cancellation to a game or practice should be made with as much advance notice as possible. Such changes may affect player and parent commitments and may have an effect on other teams.

The general guidelines for scheduling shall be as follows:

*Some sports may not be offered every year

<i>Team</i>	<i>Practices</i>	<i>Games</i>	<i>Tournaments</i>
Football	4 practices per week	2 per week	Na
Rugby	3 per week	1 per week	3 per season
Jr. Volleyball	2 per week 3 when scheduling permits	1 per week 2 when required	3 per season
Sr. Volleyball	2 per week 3 when scheduling permits	1 per week 2 when required	6 per season
Track and field	4 per week		3 per season
Jr. Basketball	2 per week 3 when scheduling permits	1 per week 2 when required	3 per season
Sr. Basketball	2 per week 3 when scheduling permits	1 per week 2 when required	6 per season
Jr./Sr. Badminton	3 per week	1 per week	3 per season
Curling	3 per week	2 per week	4 per season
Cross country	4 per week	Na	6 per season
Golf	3 per week	2 per week	4per season

Playing Time/Expectations

Breton High School participates in competitive leagues. As such, there will be few, if any instances where playing time for each player on the team will be equal. The amount of playing time may vary from game to game, or from week to week. Neither the player's grade nor prior years of playing experience with Breton High School teams will be a factor in determining playing time. Ultimately decisions regarding playing time shall be at the discretion of the coach.

Communication

Clear communication between coach and player, player and parent, parent and coach and player to player is critical to avoid misunderstanding. This communication can be initiated and maintained in a number of ways:

At the beginning of tryouts Coaches should provide a statement of their team goals, fees, and player expectations.

Coaches should outline the process for communication. This process to apply to all parties, and can be outlined for all in a letter. (See Appendix A)

Coaches should hold a pre-season parent meeting (suggested agenda - Appendix B)

All parents need to abide by the 24 hour rule for talking to coaches. The 24 hour rule is: It is required that parents wait 24 hours before contacting and talking with coaches about concerns they may have in regards to games or practices or tournaments. This is here to allow both coaches and parents to have a cooling off period so conversations are better able to address issues without emotions running to high.

Sanctioned Absences and Early Dismissals

It is at times necessary for student athletes to be absent from classes, or to be released from the last class of the day prior to the end of the class. In these instances coaches are required to provide notice to school staff.

Teacher-coaches or teacher-liaisons may do so at their own initiative, or request the Athletic Director to execute this task. Community based coaches shall inform the Athletic Director of the dates and times, and the Athletic Director shall be responsible to execute this task.

The notice may take the form of a hard copy to be distributed to all staff members or an e-mail to all staff members. The notice should be provided as early as possible, and must contain the following;

A list of all students involved
The date of the Sanctioned Absence
Periods involved
When appropriate, time of departure
The event.

Budget

Each coach or staff rep shall complete Appendix C and submit it to the Athletic Director prior to the beginning of the season of play.

Per Diem and Accommodation

Prior to extended travel the coach will meet the Principal, who will determine appropriate per diem and accommodation coverage. In general the Wild Rose School Division rates will apply.

Professional Development

It is in the best interests of the student athletes to have coaches who are well trained. In support of this, coaches will be reimbursed for registration in approved professional development activities that are directly related to their coaching assignment. Approval needs to be made by the Athletic Director and principal, and must be supported by receipts.

Guidelines for Parents

Support the team, the players, and the coaches.

Help your child to follow and uphold the Breton High School athletes' guidelines for participation.

Support the goals of sportsmanship and help bring pride and respect to your child and Breton High School.

Support your child's role on the team, even if you don't understand his/her position on the depth chart. In the event of concerns, follow the guidelines and procedures as outlined in Appendix A.

If parents have concerns regarding items that are of an appropriate nature, they will follow the below expectations:

- Level 1: concerns expressed privately and directly to the coach away from the court setting observing and using the 24 hour rule.
- Level 2: Should concerns not be addressed, concerns to be expressed privately and directly to the Athletic Director
- Level 3: Should concerns not be addressed, concerns to be expressed privately and directly to the Principal
- Level 4: Should concerns not be addressed, concerns to be expressed privately and directly to Wild Rose School Division

It is important to note that the behaviour of a player on a team may be impacted by a parent's behaviour. If parents are unable to follow the expectations for behaviour and the guidelines, players may be no longer permitted to play on the team. It is important to remember that our coaches are volunteers, and without their commitment, we would not have a team.

Awards

Each year after the conclusion of all school sponsored athletic activities Breton High School will sponsor and host an "Annual Awards Night". At this evening individual activity awards as determined by coaches and the Athletic Department, shall be presented. In addition, the male and female Athletes of the Year awards will be presented. Coaches will help in the determination of award winners for their teams only.

WRSD Staff Representation

A WRSD employee is considered to be a staff representative.

In the case of hosting any game or tournament at Breton High School, a staff representative will be available at all times.

In the case of a community coach, it is at the principal's discretion to determine whether staff representation is required at practices and away games. For all overnight trips, a staff representative is required.

Appendix A Parent Coach Communication

Letter to Parents and Athletes

To Parents and Student Athletes,

Both parenting and coaching are difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to students. It is also very important to remember that coaches are volunteers and they are giving their valuable time to work and help improve your child's leadership abilities, social skills, team cooperation and responsibility. Here are some guidelines to help you as a parent supporter of the athletics programs at Breton High School.

Communication Coaches expect from student athletes:

- concerns expressed privately and directly to the coach
- notification of any schedule conflicts well in advance
- specific concerns in regards to a coach's expectations and/or philosophy

As your son or daughter becomes involved in the sports programs at Breton High School he/she will experience some of the most rewarding moments in their high school career. It is important to understand however that there will be times when things do not go the way you or your son/daughter wish. At these times, discussion with the coach is encouraged.

Communication Coaches expect from Parents:

- concerns expressed privately and directly to the coach away from the court setting observing and using the 24 hour rule.
- notification of any scheduling conflicts well in advance
- specific concerns in regard to a coach's philosophy and or expectations

Appropriate Concerns to Discuss with Coaches:

- the treatment of your child mentally or physically
- ways to help your child improve
- concerns about your child's behavior
- any influence that the activity is having on your child's academic performance

It is difficult to accept your student not playing as much as you or they may hope. Coaches make judgment decisions based on what they believe to be the best for all students involved. While there are certain things that should be discussed with your child's coach, however there are also certain things that should not be discussed. Those decisions will be left to the coach's discretion.

Issues Not Appropriate to Discuss with Coaches:

- Playing time
- Team strategy
- Play calling
- Other student athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged but the following procedures should be followed to help promote a resolution to the issue of concern:

- call and set up an appointment with the coach
- resolution, not confrontation is the best approach
- please use the 24 hour rule and do not confront a coach before or after a game or practice - these can be emotional times for both the parent and coach, and our coaches are instructed to walk away from such situations.

The Next Step:

- call and set up a meeting with the Athletic Director to discuss the situation
- at this meeting if a resolution cannot be reached, the next step is to call and set up a meeting with the Principal

The coaches at Breton High School recognize the importance of extra-curricular activities. We provide a program that strives to provide your child with a positive and meaningful experience.

For additional information about our sports program, policies and procedures, please refer to our [BHS Athletic Handbook](#).

Sincerely,
Breton High School Athletic Department and Coaching Staff

Appendix B

Breton High School Coach's Suggested Guidelines for a Preseason Parent's Meeting

All coaches are required to distribute copies and address the following - may be done either by a meeting or by a letter:

Team Rules and School Rules regarding athletics.

Participation - amount of play time athletes can expect.

Sportsmanship - expectations by players and parents.

The procedure to deal with disagreements between coach and players or parents:

- At no time are problems to be discussed in front of other players.
- ask parents to meet the following day with the athletic director
- Make sure there is parent communication.

Fees and the breakdown of the costs.

Team supervision - coaches and parents

Other topics you may want to address

Your coaching philosophy

How practice sessions are conducted

Length of practice times

Expectation of attending practices

The consequences of missing practices

Academic requirements for eligibility

- Passing grades
- B registered in minimum of 2 full classes in Senior High

Medical information in case of injury

Question and Answer

Appendix C

Breton High Athletics – Activity Budget

Activity: _____

Head Coach/Staff rep: _____

Submission Date: _____

Income

Participation Fees: _____ X _____ = _____

Total: _____

Expenses

Equipment Fees _____

Uniform Fees _____

League Fees (includes all league games & tournaments) _____

Invitational Entry Fees _____

Officiating costs _____

Transportation Total kms _____ X .50per/km _____

Coaches per Diems _____

Meals _____

Accommodations _____

Total: _____

Balance: _____

Please attach a league and exhibition schedule with final budget.

Tournament schedule				
Date	Tournament	Entry Fee	Mileage	Accommodations

Appendix D

WILD ROSE PUBLIC SCHOOLS
TEAM SPORTS CONSENT FORM

ATHLETIC PROGRAM:

COACH(ES):

PLAYER'S NAME:

GRADE: AGE:

BIRTHDATE:

ALBERTA HEALTH CARE #

ALLERGIES OR HEALTH CONCERNS:

*All information on this page will be shared with Coaches/Assistants and school representatives: please sign this page to indicate your agreement according to the Freedom of Information and Protection of Privacy Act.

PARENT'S SIGNATURE

DATE

PLANNED OUT OF TOWN EVENTS

The team will be competing at the following schools/sites:

Date	Location		

Please be aware that other events may be scheduled. We will communicate with you further if necessary.

PERMISSION TO TRAVEL:

I hereby give permission for my son/daughter to participate in the athletic program indicated on the form and allow my son/daughter to travel to all events sponsored by the team including overnight tournament play and league play.

EMERGENCY PERMISSION:

In case of emergency I give permission for the coach or their assistant to arrange for my child to receive medical treatment as necessary. I realize that I will be solely responsible for cost of any such medical treatment that is provided.

Parent Signature _____ Date _____

Appendix E

[Administrative Procedure 560](#)

[560 - STUDENT TRANSPORTATION SERVICES](#)

[Administrative Procedure 565](#)

[565 - STUDENT TRANSPORTATION IN PRIVATE VEHICLES](#)

[Administrative Procedure 491](#)

[491 - VOLUNTEERS COACHES AND SUPERVISORS](#)