



# BRETON HIGH SCHOOL



## Family Wellness

### Welcome Back !

I hope you and your family had a fun and relaxing summer break and that students and families were happy to be able to return to school this year.

As the new school Family Wellness Worker at Breton High School and Breton Elementary School, I want families to feel free to contact me if you are having concerns with your child.

The Family Wellness program is a voluntary program that provides emotional, behavioral and social support to students and their families. The program is free of charge and available to families with children 5-19 yrs. of age who are enrolled in the Breton community schools.

The program specifically aids with student emotional regulation, connection, verbal expression and communication, skill-building, as well as parent support, providing information and resources, as well as community referrals.

Best wishes for a fun and successful school year!

Mrs. Ross, Family Wellness Worker

Ms. Chantelle, Family Wellness Assistant



ON SEPT. 30 OUR STUDENTS RECOGNIZED TRUTH & RECONCILIATION DAY WITH ACTIVITIES FOCUSED ON WHY WE WEAR ORANGE AND THE 7 TEACHINGS. STUDENTS WERE ABLE TO PARTAKE IN THE SCREENING OF *RETURNING HOME* FROM THE EDM FILM FESTIVAL.

**OCT. 4: U OF C VISIT (VIRTUAL)**

**OCT. 4: JOSTENS-POSTPONED**

**OCT. 8: NO SCHOOL**

**OCT. 11: NO SCHOOL**

**OCT. 18: PAC AT 6PM (NOTE TIME CHANGE) VIRTUAL**

**OCT. 21: FOOTBALL WEST CENTRAL AT BRETON 4PM**

**OCT. 22: PD DAY**

**OCT. 26: PHOTO RETAKES**

## Role within BHS

In accordance with the School Act, Breton High School is served by a School Council consisting of parents, a community representative and school personnel

The School Council follows the Elected Representative model, which means that parents nominate and elect an executive, consisting of a president, vice-president, secretary, and treasurer. Included in the executive are the principal, a teacher selected by the school staff, and a community member selected by the school council.

The **purpose** of the council is to offer advice regarding school programming, budgets, and discipline. The council serves as a communication link between the school and the community. The school board offers guidelines to roles and responsibilities of the school council

# Parent Council



**Come to PAC on Oct. 18th to  
see how you can help!**