



Presented by: **Trisha Howes & Tara Lewell**

Location: **Online via Zoom**

Dates: **January 13, 20, 27**
February 03, 10, 17, 24
March 03

Times: **10:00am-12:00pm**
6:00pm-8:00pm

Cost: **FREE**

How to register: **Please contact Tara to register**

By email tara.lewell@wrsd.ca

Text/ Call 587-873-0334

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
 - Support your child's ability to successfully manage emotions
 - Enhance the development of your child's self esteem
 - Honor your innate wisdom and desire for your child to be secure
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