

## What to do if a Student, Staff Member or Visitor Develops Symptoms?

<b>If a Student Develops One or More Symptoms of COVID-19</b> (See all <a href="#">COVID-19 symptoms</a> )	<b>If a Staff Member or Visitor Develops One or More Symptoms of COVID-19</b> (See all <a href="#">COVID-19 symptoms</a> )
<b><i>If student develops symptoms at home:</i></b>	<b><i>If staff member develops symptoms at home:</i></b>
<ul style="list-style-type: none"> <li>● Students/children must not enter the school if they have symptoms of COVID-19</li> <li>● Direct the student to stay home, seek health care advice as appropriate (e.g. call Health Link 811, or their primary care practitioner or, if needed, 911 for emergency response, and fill out the <a href="#">AHS Online COVID-19 Self-Assessment Tool</a> to determine if they should be tested</li> </ul>	<ul style="list-style-type: none"> <li>● Staff must not enter the school if they have symptoms of COVID-19</li> <li>● Direct the staff member to stay home, seek health care advice as appropriate (e.g. call Health Link 811, or their primary care practitioner or, if needed, 911 for emergency response, and fill out the <a href="#">AHS Online COVID-19 Self-Assessment Tool</a> to determine if they should be tested</li> </ul>
<b><i>If student develops symptoms at school:</i></b>	<b><i>If staff member develops symptoms at work:</i></b>
<ul style="list-style-type: none"> <li>● The child/student should be asked to wear a <a href="#">non-medical mask</a> if they are able.</li> <li>● The child/student should be isolated in a separate room. If a separate room is not available, the child/student must be kept at least 2 metres away from other children/students.</li> <li>● The child/student's parent/guardian should be notified to pick up the student immediately.</li> <li>● If the child/student requires close contact and care, staff can continue to care for the child/student until the parent is able to pick up the child/student. The student and staff should wear a mask and close interactions with the student that may result in contact with the student's respiratory secretions should be avoided. If very close contact is required, the staff member should also use a face shield or eye protection.</li> <li>● Staff/students must perform hand hygiene before donning a mask and before and after removing the mask and before and after touching any items used by the child/student.</li> <li>● All items the student touched/used while isolated must be cleaned and <a href="#">disinfected</a> as soon as the child/student has been picked up. Items that cannot be cleaned and disinfected (e.g. paper, books, cardboard puzzles) should be removed from the classroom and stored in a sealed container for a minimum of 72 hours.</li> </ul>	<ul style="list-style-type: none"> <li>● The staff member should be asked to wear a <a href="#">non-medical mask</a> if they are able.</li> <li>● The staff member should go home as soon as possible.</li> <li>● If the staff member is unable to leave immediately, they should be isolated in a separate and empty room or maintain a 2 metre distance from others.</li> <li>● Staff must wash their hands before donning a mask and before and after removing the mask and before and after touching any items used by the staff member.</li> <li>● All items the staff member touched/used while isolated must be cleaned and <a href="#">disinfected</a> as soon as the staff member leaves. Items that cannot be cleaned and disinfected (e.g. paper, books, cardboard puzzles) should be removed from the classroom and stored in a sealed container for a minimum of 72 hours.</li> </ul>

## **How to determine when you need to self isolate for ten days, OR just stay home until symptoms are gone?**

If you have symptoms, you should get tested in order to know for sure whether or not you have COVID-19.

If you have symptoms and have not yet been tested or are waiting for your results, see the following guidelines regarding how long you must stay home:

### **MUST ISOLATE FOR 10 DAYS:**

If you have any these symptoms you are [legally required to isolate for at least 10 days](#) from the start of your symptoms or until they resolve, whichever is longer:

- Fever
- Cough (new cough or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore throat

### **MUST ISOLATE ONLY UNTIL THE SYMPTOMS ARE GONE:**

If you have any of these other symptoms, stay home and minimize your contact with others until your symptoms resolve. For these symptoms you are not required to isolate for 10 days:

- Chills
- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis, commonly known as pink eye

### **SIBLINGS:**

If a student is isolating due to symptoms but has not been confirmed as having COVID-19, siblings are not legally required to isolate and may continue to attend school. If the student with symptoms is tested and confirmed to have COVID, then all siblings must isolate for 14 days.

Parents must inform the school if their child needs to self-isolate including the date the symptoms first appeared. The school in turn will communicate in writing (email or letter) to that student's parents confirming the date the student is permitted to return to in-school classes.

## Management of individuals who are tested for COVID-19

Symptoms	COVID-19 Test Result:	Management of Individual:	Management of Individual's Close Contacts*:
Symptomatic	Positive	Isolate for a minimum 10 days or until symptoms resolve, whichever is longer.	Quarantine for 14 days from last exposure
	Negative	Stay home until symptoms resolve. <b>Except:</b> if identified as a close contact of a confirmed case <ul style="list-style-type: none"> <li>● Quarantine for 14 days since the last exposure (even with a negative result)</li> </ul>	N/A
Asymptomatic	Positive	Isolate for a minimum of 10 days from the collection date of the swab.	Quarantine for 14 days from last exposure
	Negative	No isolation required. <b>Except:</b> if identified as a close contact of a confirmed case <ul style="list-style-type: none"> <li>● Quarantine for 14 days since the last exposure (even with a negative result)</li> </ul>	N/A

\*Close contacts:

- Provide direct care for an individual with COVID-19 or who had similar close physical contact OR
- Had close prolonged contact OR
- Had direct contact with infectious body fluids of an individual with COVID-19 (i.e., was coughed or sneezed on).

### NOTES:

- **Individuals WILL NOT receive written or email documentation of their results. Those who wish to access their results directly should sign up for MyHealth Records. You must be 14 years of age or older and have a valid learner/drivers license in order to sign up.**
- **There is not a requirement to provide evidence of negative results prior to returning to school.**
- **AHS Public Health will contact all confirmed cases and their close contacts and provide them clear direction.**
- **AHS Public Health will notify the school of a positive case.**
- **Individuals with COVID-19 symptoms are encouraged to be tested using the [AHS Online Self-Assessment tool](#).**